



# Meals on Wheels' Supper Club

## Membership Application

**Did you know 5.3 million Americans over 60 are food insecure?** Thirty percent of these seniors are low-income and choose prescription medicine instead of food. Meals on Wheels wants to end hunger and malnutrition during this lifetime. Contrary to popular belief, this is not done through calories but rather through a calculated look at each individual's medical picture and a strategic plan for the type of meals that will improve their health. At Meals on Wheels, we know, **FOOD IS MEDICINE.**

We are privately funded and accommodate low-income clients through funds raised by monthly membership. Translated: Meals on Wheels is NOT a government agency. **WE NEED YOUR HELP.**

When you become a Supper Club member you help eradicate food insecurity for a low-income, homebound person. Your membership provides them with medically-tailored meals which are made to accommodate their individual diet plan.



Eskenazi Press Release



Generational Jump



Food Pantry



The Sol Center

**What are medically-tailored meals?** Medically-tailored meals are physician prescribed meals that take into consideration the health needs of the individual person. These meals are prescribed by the client's doctor. **EVERY** meal delivered through Meals on Wheels is prepared specifically for the individual client. These meals include:

- \*Low Sodium
- \*Diabetic
- \*Renal
- \*Puree
- \*Mechanical Soft
- \*Heart Healthy
- \*Lactose Free
- \*Gluten Free



# JOIN THE MEALS ON WHEELS SUPPER CLUB!

monthly commitment

meals provided

When you join the Meals on Wheels Supper Club, a homebound senior or disabled person receives medically-tailored meals.

## \$15

One week of 10 medically-tailored meals



## \$30

Two weeks of 20 medically-tailored meals



## \$45

Three weeks of 30 medically-tailored meals



## \$60

One month of 40 medically-tailored meals



Yes, I would like to become a Supper Club member!

Please check your monthly commitment:

**\$15**

**\$30**

**\$45**

**\$60**

### Check one of the following payment options:

I give Meals on Wheels permission to charge this amount on the **1st, 15th or 30th** (circle one).  
*If scheduled deduction falls on weekend or holiday, the transaction will occur within 2 business days.*

I pledge to set up a monthly deduction with my banking institution.

I would like to make a one-time donation of \$\_\_\_\_\_

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Credit Card: (circle one) MasterCard, Visa, Discover

Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Name as it appears on the card: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*\*\* Meals on Wheels of Central Indiana is a 501 (c) (3) charitable organization. All donations are tax deductible. Thank you letters are mailed each December. By signing, you authorize Meals on Wheels to debit your account on a monthly basis. Automatic membership renewals are processed after the twelfth month of membership in the current cycle.*

a: PO Box 40969 - Indianapolis, IN 46240 p: 317-252-5558  
e: info@mealsonwheelsindy.org w: www.mealsonwheelsindy.org