

# MEALS ON WHEELS SERVICES

## Funded through Ryan White Supplemental Grant and the Indiana State Department of Health

Please call MOW Client Services with questions. Toll-free: (844) 935-9353 local: (317) 252-5558.

Referrals can be scanned and emailed to Nick Fennig at [nfennig@mealsonwheelsindy.org](mailto:nfennig@mealsonwheelsindy.org),  
faxed to (317) 252-5559 or mailed to Meals on Wheels at P.O. Box 40969, Indianapolis, IN 46240.

### PLEASE COMPLETE IN ENTIRETY

Name (Print): \_\_\_\_\_ Date: \_\_/\_\_/\_\_

RW Client ID # (if applicable): \_\_\_\_\_ RW Expiration Date: \_\_\_\_\_

Has client applied for Part A? YES NO N/A Has client applied for Part B? YES NO N/A

Address: \_\_\_\_\_ Apt. #: \_\_\_\_\_

City: \_\_\_\_\_ County: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_-\_\_\_\_-\_\_\_\_ Cell Phone: \_\_\_\_-\_\_\_\_-\_\_\_\_ DOB: \_\_/\_\_/\_\_

### CLIENT DEMOGRAPHICS

GENDER:  Male  Female Transgender:  Male-to-Female  Female-to-Male

RACE:  African-American  Caucasian/Non-Hispanic  Hispanic  Asian

Pacific Islander  Native American  Other: \_\_\_\_\_

CD4 Count: \_\_\_\_\_ Viral Load: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Diabetes DX? YES NO A1C Level: \_\_\_\_\_ Hypertension DX? YES NO Blood Pressure: \_\_\_\_\_

HEALTH ISSUES: \_\_\_\_\_

MOBILITY ISSUES (factors that impact the client's ability to maintain an independent lifestyle):  
\_\_\_\_\_

Is the client pregnant? (circle one) YES NO

### EMERGENCY CONTACT INFORMATION

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone (Day): \_\_\_\_-\_\_\_\_-\_\_\_\_ (Evening): \_\_\_\_-\_\_\_\_-\_\_\_\_

**NUTRITION EDUCATIONAL MATERIALS SPECIFIC TO HIV** – sent directly to client in food box

Please check here if client wishes to OPT OUT of receiving these HIV-specific materials

**REFERRING AGENCY INFORMATION**

Referring Agency Name: \_\_\_\_\_ Contact Name: \_\_\_\_\_

Email Address: \_\_\_\_\_ Phone # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Fax # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

**MEDICAL INFORMATION & DIET ORDER**

Patient/Client Name (Print): \_\_\_\_\_

Provider Name: \_\_\_\_\_ Phone #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Clinic Name (if applicable) \_\_\_\_\_ Practicing Hospital \_\_\_\_\_

Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Ext. \_\_\_\_\_ Additional Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Diet Order (check all that apply or write order below):

- Regular Diet                       Renal                       Low Sodium                       Diabetic

\_\_\_\_\_  
\_\_\_\_\_

**DIETARY RESTRICTIONS: \*\*\* All Meals on Wheels diets are Heart-Friendly**

- No Dairy                       No Seafood                       No Red Meat                       Other \_\_\_\_\_

Does the client have any allergies/intolerances to food? \_\_\_\_\_

**PROVIDER DIET ORDER**

Provider's Signature\* and Date: \_\_\_\_\_

\*can be signed by medical staff functioning on behalf of a physician or nurse practitioner.

\*\*\* Please note that Meals on Wheels cannot accommodate food preferences for daily meal delivery. Also, we cannot accommodate some food allergies. Our kitchens processes ingredients with common allergens such as wheat, egg, soy, dairy and others.