

# **2019 IMPACT**

4,280 UNDUPLICATED CLIENTS ANNUALLY

OVER 52% OF PRIVATE PAY CLIENTS NEED SUPPORT THROUGH OUR FINANCIAL ASSISTANCE FUND

NO WAITING LIST - PEOPLE BEGIN RECEIVING MEALS WITHIN 48 HOURS OF RECEIPT OF PHYSICIAN'S DIET ORDER

	CARDIOVASCULAR	44%
	DIABETES	33%
OUR CLIENTS' COMMON ILLNESSES	CANCER	15%
	HIV/AIDS	16%
	MORE THAN ONE CHRONIC DISEASE	62%

# RYAN'S MEALS FOR LIFE HIV/AIDS NUTRITIONAL SUPPORT PROGRAM

OUR MEDICALLY-TAILORED MEALS HAVE INCREASED MEDICATION ADHERENCE, IMPROVED NUTRITION, AND CONTRIBUTED TOWARD VIRAL SUPPRESSION (INDIANA'S SUPPRESSION RATE UP BY 4% IN PAST YEAR)

**OVER 1,000 UNDUPLICATED CLIENTS SERVED ACROSS INDIANA** 

"My diabetes numbers are going down; they are lower than they have ever been in the last 3-4 years and my doctor is pleased! I am gaining weight, and overall feeling much better." ~ Ricky, 52 years old, living with HIV

# HOSPITAL READMISSION REDUCTION PROGRAM

#### CLIENT RECEIVES MEDICALLY-TAILORED MEALS WITHIN 24 HOURS OF DISCHARGE

30 DAY HOSPITAL READMISSION RATE FOR CLIENTS WHO RECEIVED MEALS WAS DOWN TO 11% COMPARED TO NATIONAL AVERAGE OF 22%

MEDICALLY-TAILORED MEALS RESULT IN MONTHLY NET SAVINGS OF \$220 PER PATIENT, WHILE NON-TAILORED MEAL PROGRAM SAW \$10 IN MONTHLY SAVINGS\*

\*Community Servings, 2019 – JAMA Internal Medicine

"These meals have been a life-saver, literally. My sugar levels have improved and I have lost 25 lbs. I am now a healthier candidate for a kidney transplant." - Tracey, 50 years old, living with diabetes and cardiovascular disease

### PROGRAM UPDATES & RECENT ACHIEVEMENTS

The Food is Medicine Coalition's Medicare Medically-Tailored Meal Pilot Bill is still in development. This bill is spearheaded by Rep. Jim McGovern (MA-2), fellow Hoosier Rep. Jackie Walorski (IN-2), and the Food is Medicine Working Group.

Our **Readmission Reduction Project** with Community Health Network's Community South Hospital is now in its third year.

October 1st began **the third year of grant funding for the Ryan's Meals for Life project**, serving Medically-Tailored Meals to over 1,000 low-income Persons Living with HIV across the state.

We opened **a satellite office in Austin, IN** alongside Dr. William Cooke's family medicine practice. With this presence of a Partners in Nutrition Indiana (PINI) client coordinator, services to Hoosiers living with HIV in Scott and Clark Counties will be enhanced through Medical Nutrition Therapy.

A new pilot named Your Nutrition for Life serves medically-tailored, ready-to-eat food pantry boxes to people living with HIV and experiencing housing insecurity.

# PARTNERS IN NUTRITION INDIANA

PARTNERSINNUTRITIONINDIANA.ORG INFO@MEALSONWHEELSINDY.ORG 317.252.5558