



MEALS ON WHEELS OF CENTRAL INDIANA

MEALSONWHEELSINDY.ORG | INFO@MEALSONWHEELSINDY.ORG
708 E. MICHIGAN STREET INDIANAPOLIS, IN | 317.252.5558

MEALS ON WHEELS WILL TAKE YOU BACK TO THE TOP

MEALS ON WHEELS DELIVERS THE GOLD STANDARD:

MEDICALLY-TAILORED MEALS

Highest success rate for reducing
hospital readmissions

Specific to your medical needs

Proper nutrition to maintain quality of life

THERAPEUTIC DIET

Heart Healthy Food

NUTRITIOUS DIET

Promotes Healthy
Eating Habits

REGULAR DIET

Staves off Hunger

Meals on Wheels delivers
physician - prescribed
MEDICALLY-TAILORED MEALS
for your specific health
needs.

Meals on Wheels is open to
ANY disabled or senior
homebound person.

Meals on Wheels has **NO**
waiting list. Your first meal is
delivered within two business
days.

Meals on Wheels delivers **10**
meals a week, one hot and one
cold, Monday through Friday.

Meals on Wheels provides a point
of contact **ONCE A DAY** five days
a week; crucial for support in the
recovery process and home
environment.

Meals on Wheels adds to your
caregiver's team.

START YOUR MEALS ON WHEELS SERVICE TODAY

MEALSONWHEELSINDY.ORG
INFO@MEALSONWHEELSINDY.ORG
317.252.5558