MEALS ON WHEELS WILL TAKE YOU BACK TO THE TOP

MEALS ON WHEELS DELIVERS THE GOLD STANDARD:

MEDICALLY-TAILORED MEALS
Highest success rate for reducing hospital readmissions
Specific to your medical needs
Proper nutrition to maintain quality of life

THERAPEUTIC DIET
Heart Healthy Food

NUTRITIOUS DIET
Promotes Healthy Eating Habits

REGULAR DIET
Staves off Hunger

Meals on Wheels delivers physician - prescribed MEDICALLY-TAILORED MEALS for your specific health needs.

Meals on Wheels is open to ANY disabled or senior homebound person.

Meals on Wheels has NO waiting list. Your first meal is delivered within two business days.

Meals on Wheels delivers 10 meals a week, one hot and one cold, Monday through Friday.

Meals on Wheels provides a point of contact ONCE A DAY five days a week; crucial for support in the recovery process and home environment.

Meals on Wheels adds to your caregiver’s team.

START YOUR MEALS ON WHEELS SERVICE TODAY
MEALSONWHEELSINDY.ORG
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317.252.5558