



A LETTER FROM OUR BOARD

Dear Friends,

All of us at Meals on Wheels of Central Indiana and Partners in Nutrition Indiana have felt deep pain as the events of recent weeks have unfolded. The racial injustice perpetrated in this country on a daily basis is unacceptable and has gone on far too long. Our organization stands united against racism, bigotry and inequality. We support Black communities everywhere and racism is not – and never will be – tolerated.

Meals on Wheels of Central Indiana has served diverse populations in Marion County and parts of Johnson, Hamilton and Boone Counties since we were founded in 1971. We have always strived to close socio-economic gaps related to food access and food insecurity in communities of color, because we recognize the barriers residents face in obtaining nutritious food. Today, along with our partner organizations, we provide medically tailored meals to people with chronic and critical health conditions, and will continue to respond with compassion and dignity to each individual we serve.

COVID-19 has shown us what we can do for our clients if we put aside our fears and work together. Fighting racism for a more just, equal and inclusive future can be done. No longer will our Black brothers and sisters shoulder racism alone. We are their allies in this fight. Our work starts now. We will hold ourselves accountable as individuals, as a board, and as an organization. We look forward to continuing to share our progress with you.

Sincerely,

The Board and Staff of Partners in Nutrition Indiana
and Meals on Wheels of Central Indiana

(OVER)

YOUR DELIVERIES – ADAPTING WITH CORONAVIRUS

Please read below the changes we are implementing to our delivery methods. These changes will be in effect until further notice.

When in-person deliveries are necessary, our **volunteers will hang your meals on your doorknob in a new single-use plastic bag, ring the doorbell and knock to let you know your meals have been delivered.** If you must have in-home delivery, your volunteer will keep the appropriate distance as suggested by the CDC.

Delivery drivers will sanitize their hands and wear a new pair of protective gloves when making each delivery. **Please note:** Drivers wearing gloves is used as a precautionary measure and should not be considered reason for alarm.

You have the option of receiving a **box of non-perishable, shelf-stable food** to ensure you can maintain your required caloric intake. If interested, please contact client services at **317.252.5558**.

ENSURE

Meals on Wheels offers cases of Ensure delivered to our clients at a reduced rate. Ensure can benefit patients who are at nutritional risk. We are offering three types: **Ensure (\$21/case), Ensure Plus (\$24/case) Glucerna Shakes (\$36/case).**

The flavors we have are: Strawberry, Vanilla, Chocolate and Butter Pecan.

Call Meals on Wheels at 317.252.5558 with questions.

EMERGENCY CONTACT

It is important that we keep our clients' emergency contact information up-to-date. This emergency contact person needs to be available between 9 AM and 5 PM weekdays.

If there has been a change in your emergency contact's phone number, please call the Meals on Wheels office at 317.252.5558 to update your records. **Thank you!**