



## FOOD RESOURCES – ASSISTING YOU THROUGH DIFFICULT TIMES

Meals on Wheels is committed to your overall safety and well-being. We understand that during these challenging times, it may be difficult to get the essential grocery items you may need to sustain your nutritional needs. If you find that you are struggling to have the appropriate and needed food items right now, we may be able to assist you. Please give our client services team a call at (317) 252-5558.

**Gleaners Care Mobile Food Pantry  
(June 1st – August 29th):**  
317-925-0191 for more info

Mondays (2-6 p.m.)  
3737 E. Washington Street, 46201

Fridays (2-6 p.m.)  
2535 N. Capitol Avenue, 46208  
\*Closed Friday, July 3rd

Saturdays (10 a.m. – 2 p.m.)  
10101 E. 38th Street, 46236  
\*Closed Saturday, July 4th

**SNAP Assistance Hotline:**  
317-644-1280 or apply online at  
[FSSABenefits.IN.gov](http://FSSABenefits.IN.gov)

**Community Compass:**  
Text the word "Hi" to 317-644-1280

## 4TH OF JULY UPDATE

The Meals on Wheels office will be closed on Friday, July 3, 2020 in observance of Independence Day. This, however, **WILL NOT** disrupt your meal delivery.

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## YOUR DELIVERIES – ADAPTING WITH CORONAVIRUS

Please read below the changes we are implementing to our delivery methods. These changes will be in effect until further notice.

You have the opportunity to **receive a weekly supply of frozen medically-tailored meals via UPS instead of your normal delivery driver**. Your client coordinator will contact you to discuss your options.

When in-person deliveries are necessary, our **volunteers will hang your meals on your doorknob in a new single-use plastic bag, ring the doorbell and knock to let you know your meals have been delivered**. If you must have in-home delivery, your volunteer will keep the appropriate distance as suggested by the CDC.

You have the option of receiving a **box of non-perishable, shelf-stable food** to ensure you can maintain your required caloric intake in the rare case of a total delivery disruption.

Delivery drivers will sanitize their hands and wear a new pair of protective gloves when making each delivery. **Please note:** Drivers wearing gloves is used as a precautionary measure and should not be considered reason for alarm.

### ENSURE

Meals on Wheels offers cases of Ensure delivered to our clients at a reduced rate. Ensure can benefit patients who are at nutritional risk. We are offering three types: **Ensure (\$21/case), Ensure Plus (\$24/case) Glucerna Shakes (\$36/case)**.

The flavors we have are: Strawberry, Vanilla, Chocolate and Butter Pecan.

Call Meals on Wheels at 317.252.5558 with questions.

### EMERGENCY CONTACT

It is important that we keep our clients' emergency contact information up-to-date. This emergency contact person needs to be available between 9 AM and 5 PM weekdays.

If there has been a change in your emergency contact's phone number, please call the Meals on Wheels office at 317.252.5558 to update your records. **Thank you!**